

WestCoast Wellness



WestCoast Wellness is Monday Magazine's 'bulletin board' of personal growth, health, and wellness sources.

Placing an emphasis on alternative sources for health and wellness this very popular classified feature continues to be the "go to" source for Monday's loyal readers and advertisers interested in alternative health sources.

With a loyal readership of over 80,000 readers weekly, and distribution reach covering Vancouver Island, Monday magazine has been the premier source for more than 32 years providing an alternative voice and features such a WestCoast Wellness.

To highlight your business in WestCoast Wellness, contact us at 250.310.3535 or 250.388.3535

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